

Wilton - Lyndeborough Cooperative School District

Wellness Committee Meeting

at Florence Rideout Elementary School – Main Conference Room

Agenda for Monday, January 7, 2019

- Call to Order
- Adjustments to Agenda
- Follow up to School Care 30 minute Seminar
- Update on Email Correspondence for District Big # News
- Follow up on Creating Community Resource Page - Preventative Health Initiatives
- Follow up on Update on School Links for SAU website
- Promote Gentle Yoga and next Health and Wellness Fair
- Adjournment

Next Meeting Scheduled for: March 4, 2019 at WLC at 3:00 p.m.

Our Goal: To promote a healthy lifestyle for our staff and students.

Please remember to sign the attendance sheet.

Thank you